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UGC NET Paper 2

Social Work (010)

Complete revision notes — all 10 units

10 units | Tables & formulas | Key revision points

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02 Society and Human Behaviour
03 Social Case Work
04 Social Group Work
05 Community Organisation
06 Social Action and Social Movements
07 Social Welfare Administration
08 Social Policy and Legislation
09 Social Work Research
10 Fields of Social Work

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How to use these notes

- Read one unit at a time, then test yourself with its key revision points.
- Make your own short notes on topics you find difficult.
- Units follow the main areas of the official syllabus — the exact unit list can change between sessions.
- Always check the latest syllabus and notices on the official UGC NET portal: **ugcnet.nta.ac.in**.

UNIT 01

Nature and Development of Social Work

Concept, values, history of social work in the West and in India.

- Social work: a professional activity helping individuals, groups and communities to enhance social functioning.
- History (West): Elizabethan Poor Law (1601); Charity Organisation Society (London, 1869); settlement houses — Toynbee Hall (1884), Hull House (Jane Addams, 1889).
- India: first school — **Sir Dorabji Tata Graduate School of Social Work, Bombay, 1936** (now TISS).
- Values: dignity, social justice, self-determination, confidentiality.

★ Key revision points

- Elizabethan Poor Law: 1601.
- Hull House = Jane Addams.
- First Indian school: 1936, Bombay (TISS).
- Self-determination is a core value.

UNIT 02

Society and Human Behaviour

Social institutions, human needs, development and personality theories.

- Needs: Maslow's hierarchy.
- Development: Erikson's psychosocial stages; Piaget.
- Personality: Freud (id, ego, superego; defence mechanisms), Rogers (self).
- Social problems: poverty, unemployment, substance abuse, domestic violence.

★ Key revision points

- Defence mechanisms = Freud.
- Psychosocial stages = Erikson.
- Hierarchy of needs = Maslow.
- Self theory = Rogers.

UNIT 03

Social Case Work

Principles, components, process and approaches of casework.

- **Mary Richmond** — *Social Diagnosis* (1917), mother of casework.
- **Helen Harris Perlman's 4 Ps**: person, problem, place, process (later 6 Ps: + professional, provisions).
- Biestek's seven principles: individualisation, purposeful expression of feelings, controlled emotional involvement, acceptance, non-judgemental attitude, self-determination, confidentiality.
- Process: study → assessment → intervention → evaluation → termination.

★ **Key revision points**

- *Social Diagnosis* (1917) = Mary Richmond.
- 4 Ps = Perlman.
- Seven principles = Biestek.
- Casework works with individuals.

UNIT 04

Social Group Work

Group work concepts, stages, models and roles of the worker.

- Group work: helping individuals through group experience.
- Stages (Tuckman): forming, storming, norming, performing, adjourning.
- Models (Papell and Rothman): social goals, remedial, reciprocal.
- Programme media: games, discussion, role play, camps.

★ Key revision points

- Group development stages = Tuckman.
- Three group work models = Papell and Rothman.
- Programme media are group activities.
- Sociometry maps group relations.

UNIT 05

Community Organisation

Concept, principles, models and process of community organisation.

- **Murray Ross**: community organisation as a process.
- **Jack Rothman's** three models: locality development, social planning, social action.
- Process: study, analysis, assessment, discussion, organisation, action, evaluation.
- Participatory Rural Appraisal (PRA) — Robert Chambers.

★ Key revision points

- Community organisation process = Murray Ross.
- Three models = Rothman.
- PRA = Robert Chambers.
- Social action seeks structural change.

UNIT 06

Social Action and Social Movements

Social action methods and thinkers; social movements in India.

- Saul Alinsky — *Rules for Radicals*; Paulo Freire — conscientisation (*Pedagogy of the Oppressed*).
- Gandhian methods: satyagraha, non-cooperation.
- Movements: Chipko, Narmada Bachao Andolan, Dalit movement, women's movement, RTI movement (MKSS).

★ Key revision points

- Conscientisation = Freire.
- *Rules for Radicals* = Alinsky.
- RTI movement: MKSS.
- Chipko: forest protection.

UNIT 07

Social Welfare Administration

Administration of welfare agencies, NGOs, and government welfare institutions.

- POSDCORB applied to welfare agencies; NGO management and registration (Societies Registration Act, 1860).
- **Central Social Welfare Board** — 1953 (Durgabai Deshmukh).
- Foreign contributions regulated by FCRA, 2010.
- Project cycle management; logical framework analysis.

★ Key revision points

- CSWB: 1953, Durgabai Deshmukh.
- Societies Registration Act: 1860.
- FCRA: 2010.
- LFA = logical framework analysis.

UNIT 08

Social Policy and Legislation

Social policy, constitutional provisions and welfare legislation.

Law	Year
Juvenile Justice (Care and Protection of Children) Act	2015
POCSO Act	2012
Protection of Women from Domestic Violence Act	2005
MGNREGA	2005
Rights of Persons with Disabilities Act	2016
Transgender Persons (Protection of Rights) Act	2019

★ Key revision points

- JJ Act: 2015.
- POCSO: 2012.
- MGNREGA: 2005.
- RPWD Act: 2016.

UNIT 09

Social Work Research

Research process, designs and methods in social work.

- Research process: problem → literature → hypothesis → design → sampling → data → analysis → report.
- Designs: exploratory, descriptive, diagnostic, experimental; single-subject designs in practice.
- Qualitative methods: case study, focus groups, narrative inquiry.

★ Key revision points

- Single-subject designs evaluate practice.
- Focus groups are qualitative.
- Diagnostic research finds causes.
- Sampling can be probability or non-probability.

UNIT 10

Fields of Social Work

Family and child welfare, medical and psychiatric, industrial and community development fields.

Field	Focus
Family and child welfare	Adoption, foster care, child protection
Medical and psychiatric social work	Patients, families, mental health (Mental Healthcare Act, 2017)
Industrial social work	Labour welfare, HR, CSR
Correctional social work	Prisons, probation, juvenile homes
Community development	Rural and urban development programmes

★ Key revision points

- Mental Healthcare Act: 2017.
- Probation is correctional social work.
- Industrial social work = labour welfare.
- Foster care is child welfare.

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