QuickNotes

FREE STUDY NOTES · PDF

UGC NET Paper 2

Adult Education (046)

Complete revision notes — all 10 units

10 units | Tables & formulas | Key revision points

01 Concept of Adult and Lifelong Learning
02 Adult Education in India
03 Learning Theories for Adults
04 Literacy
05 Methods and Materials
06 Extension and Continuing Education
07 Programme Planning and Evaluation
08 Population, Health and Development Education
09 Research in Adult Education
10 International Adult Education

getquicknotes.com

Edition: November 2026

CONTENTS

What's inside

Ten units of focused revision notes. Each unit ends with a box of key revision points.

01 **Concept of Adult and Lifelong Learning** — Meaning, scope and international reports on lifelong learning. 3

02 **Adult Education in India** — Historical development and national programmes. 4

03 **Learning Theories for Adults** — Andragogy and adult learning theories. 5

04 **Literacy** — Concepts and measurement of literacy. 6

05 **Methods and Materials** — Teaching–learning methods and materials for adults. 7

06 **Extension and Continuing Education** — University extension and continuing education institutions. 8

07 **Programme Planning and Evaluation** — Needs assessment, planning and evaluation of programmes. 9

08 **Population, Health and Development Education** — Linking adult education to health, population and livelihood. 10

09 **Research in Adult Education** — Research methods used in adult and extension education. 11

10 **International Adult Education** — UNESCO, CONFINTEA and global goals. 12

How to use these notes

- Read one unit at a time, then test yourself with its key revision points.
- Make your own short notes on topics you find difficult.
- Units follow the main areas of the official syllabus — the exact unit list can change between sessions.
- Always check the latest syllabus and notices on the official UGC NET portal: **ugcnet.nta.ac.in**.

UNIT 01

Concept of Adult and Lifelong Learning

Meaning, scope and international reports on lifelong learning.

- Adult education, continuing education, lifelong learning; formal, non-formal, informal learning.
- **Faure Report** — *Learning to Be* (UNESCO, 1972).
- **Delors Report** — *Learning: The Treasure Within* (1996): learning to know, to do, to live together, to be.

★ Key revision points

- Faure Report: 1972.
- Delors Report: 1996, four pillars.
- Non-formal = organised outside schools.
- Lifelong learning spans all ages.

UNIT 02

Adult Education in India

Historical development and national programmes.

Programme	Year
Social Education	1949
Farmers' Functional Literacy Project	1967–68
National Adult Education Programme	2 October 1978
National Literacy Mission	1988
Saakshar Bharat	2009
New India Literacy Programme (ULLAS)	2022–27

★ Key revision points

- NAEP: 1978.
- NLM: 1988.
- Saakshar Bharat: 2009.
- ULLAS: 2022–27.

UNIT 03

Learning Theories for Adults

Andragogy and adult learning theories.

- **Andragogy** — Malcolm Knowles: self-concept, experience, readiness, problem orientation, internal motivation.
- **Transformative learning** — Jack Mezirow.
- **Experiential learning cycle** — David Kolb: concrete experience → reflective observation → abstract conceptualisation → active experimentation.
- **Conscientisation** — Paulo Freire.

★ Key revision points

- Andragogy = Knowles.
- Transformative learning = Mezirow.
- Experiential cycle = Kolb.
- Conscientisation = Freire.

UNIT 04

Literacy

Concepts and measurement of literacy.

- Census definition: a person aged 7+ who can read and write with understanding in any language.
- India's literacy rate (Census 2011): 74.04%.
- Functional literacy, digital literacy, financial literacy.

★ Key revision points

- Literacy measured for age 7+.
- Literacy 2011: 74.04%.
- Functional literacy = using literacy in daily life.
- Digital literacy = using digital tools.

UNIT 05

Methods and Materials

Teaching–learning methods and materials for adults.

- Methods: participatory, discussion, demonstration, role play, distance and open learning.
- Each One Teach One; improved pace and content of learning (IPCL).
- Primers and post-literacy materials.

★ Key revision points

- IPCL = Improved Pace and Content of Learning.
- Each One Teach One = volunteer method.
- Participatory methods respect adult experience.
- Post-literacy prevents relapse.

UNIT 06

Extension and Continuing Education

University extension and continuing education institutions.

- University extension as the third dimension (with teaching and research).
- **Jan Shikshan Sansthan** — vocational skills for non-literates and neo-literates.
- Continuing Education Centres; community learning centres.

★ Key revision points

- Extension = third dimension of universities.
- JSS gives vocational skills.
- CEC = Continuing Education Centre.
- Community learning centres serve locals.

UNIT 07

Programme Planning and Evaluation

Needs assessment, planning and evaluation of programmes.

- Needs assessment; participatory planning.
- Evaluation: formative and summative; CIPP model (Stufflebeam).
- Monitoring indicators: enrolment, completion, learning outcomes.

★ Key revision points

- CIPP = Stufflebeam.
- Needs assessment comes first.
- Formative evaluation improves programmes.
- Outcome indicators show learning.

UNIT 08

Population, Health and Development Education

Linking adult education to health, population and livelihood.

- Population education; health and nutrition awareness.
- Gender and empowerment (Mahila Samakhya, 1989).
- Skill development and livelihoods.

★ **Key revision points**

- Mahila Samakhya: 1989.
- Health education is part of adult learning.
- Empowerment is a key goal.
- Livelihood skills support literacy.

UNIT 09

Research in Adult Education

Research methods used in adult and extension education.

- Action research, participatory research, case studies, surveys.
- Participatory Rural Appraisal (Robert Chambers).
- Qualitative and quantitative evaluation of literacy outcomes.

★ Key revision points

- PRA = Chambers.
- Participatory research involves learners.
- Action research improves practice.
- Case studies give depth.

UNIT 10

International Adult Education

UNESCO, CONFINTEA and global goals.

- UNESCO Institute for Lifelong Learning (Hamburg).
- **CONFINTEA** — International Conferences on Adult Education (first: Elsinore, 1949).
- International Literacy Day: 8 September.
- SDG 4 — inclusive, equitable quality education and lifelong learning.

★ Key revision points

- First CONFINTEA: Elsinore, 1949.
- International Literacy Day: 8 September.
- SDG 4 = education.
- UIL is in Hamburg.

QuickNotes

Learn Quickly. Prepare Smartly.

More free study notes

Free PDFs for UGC NET Paper 1, every Paper 2 subject, IBPS RRB and SSC CHSL — no sign-up.

www.getquicknotes.com

Free for personal study — not for sale. You may share this PDF unchanged and free of charge.

QuickNotes is an independent educational platform. It is not affiliated with, endorsed by or connected to the University Grants Commission (UGC), the National Testing Agency (NTA) or any government examination authority. These are original revision notes; always refer to the official notification for exam dates, eligibility, pattern and syllabus.

Found a mistake? Email support@getquicknotes.com · Edition: November 2026